



M E N U

WEEK ONE

MONDAY

Meatball Traybake (G)
Mac 'n' Cheese with Crispy Bacon (G, D)
Marinara Sauce
Pasta (G) Carrots, Peas
Whole Fresh Fruit or Yoghurt (D) Blackcurrant Jelly

TUESDAY

Crispy Chicken (G, E), Katsu Curry Sauce (G, M)
Crispy Vegetable Spring Rolls (G, Se)
Steamed Fluffy Rice, Sweetcorn, Peas
Whole Fresh Fruit or Yoghurt (D) or Oatie Shortbread (G)

WEDNESDAY

Shepherds Pie Hash
Sticky BBQ Glazed Chicken (F)
Roast Vegetable & Mozzarella Traybake (D)
Mashed Potato, Baked Beans, Sweetcorn
Whole Fresh Fruit or Yoghurt (D) or Carrot cake (G, E)

THURSDAY

Slow Braised Steak
Roast Chicken, Gravy
Cheesy Quiche (G, E, D)
Crispy Roast Potatoes, Seasonal Vegetables
Whole Fresh Fruit or Yoghurt (D) or Chocolate Frozen Mousse (D)

FRIDAY

Buchan Crispy Battered Cod (F, G), Tartar Sauce (E)
Sausage Roll Puff Slice (G)
Vegan Sausage Roll (G, S)
Chipped Potatoes, Garden Peas, Baked Beans
Whole Fresh Fruit or Yoghurt (D) or Fakewell Tart (G, E)

C=Celery, G=Gluten, E=Egg, D=Dairy, F=Fish, M=Mustard, S=Soya, Se=Sesame





M E N U

WEEK TWO

MONDAY

Bolognaise Sauce (C)
Mac 'n' Cheese (G, D)
Tomato and Fresh Basil Sauce
Pasta (G), Sweetcorn, Carrots
Whole Fresh Fruit or Yoghurt (D) or Strawberry Jelly

TUESDAY

Mild Chicken curry (D)
Sweet Chilli Beef (S, SE)
Vegan Jambalaya (G, C)
Steamed Fluffy Rice, Carrots & Garden Peas
Whole Fresh Fruit or Yoghurt (D) or Double Chocolate Cookies (G, E, D)

WEDNESDAY

The Buchan Brunch
Crispy Hash Browns & Accompanying Vegetables
Whole Fresh Fruit or Yoghurt (D) or Banana Cake (G, E)

THURSDAY

Roast loin of Pork, Gravy
Chicken Puff Pie (G, D)
Baked Frittata of the Day (E, D)
Crispy Roast Potatoes, Seasonal Vegetables
Whole Fresh Fruit or Yoghurt (D) or Jazzy Fruit Salad

FRIDAY

Crispy Buchan Battered Cod (F, G), Tartar Sauce (E)
Peri- Peri Chicken
Crispy Vegetable Nuggets (G)
Chipped Potatoes, Garden Peas, Baked Beans
Whole Fresh Fruit or Yoghurt (D) or The Buchan Trifle (G, D, E)

C=Celery, G=Gluten, E=Egg, D=Dairy, F=Fish, M=Mustard, S=Soya, Se=Sesame





M E N U

WEEK THREE

MONDAY

Slow Cooked Pepperpot Beef
Mac 'n' Cheese with Chicken (G, D)
Veggie Bolognaise
Pasta (G), Sweetcorn, Carrots
Whole Fresh Fruit or Yoghurt (D) or Orange Jelly

TUESDAY

Our Butchers Sausages (G)
Creamy Chicken Hotpot (D)
Peri- Peri Quorn and Potato Traybake (G)
Teeny Tiny Taters, Baked Beans & Broccoli
Whole Fresh Fruit or Yoghurt (D) or
The Buchan Manx Butter Shortbread (G, D)

WEDNESDAY

Crispy Chicken (G, E), Tonkatsu Sauce (G, S)
Sweet Potato & Bean Enchilada Bake (G, D)
Steamed fluffy Rice, Garden Peas & Sweetcorn
Whole Fresh Fruit or Yoghurt (D) or Apple Crumble Slice (G)

THURSDAY

Roast Turkey Breast and Gravy
Beef & Onion Puff Pie (G)
Cheese, Potato & Onion Puff Slice (G, E, D)
Crispy Roast Potatoes, Seasonal Vegetables
Whole Fresh Fruit or Yoghurt (D) or Strawberry Frozen Mousse (D)

FRIDAY

Buchan Crispy Battered Cod (F, G), Tartar Sauce (E)
BBQ Boneless Pork Rib (F)
Vegan Sausages (G)
Chipped Potatoes, Garden Peas, Baked Beans
Whole Fresh Fruit or Yoghurt (D) or Chocolate Fudge Brownie (G, E)

C=Celery, G=Gluten, E=Egg, D=Dairy, F=Fish, M=Mustard, S=Soya, Se=Sesame

